## SHOOTING/ AIR RIFLE

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- Our aims are for members to shoot well and to infuse the skills of shooting, such as being focussed, having the ability to maintain composure during stress and having discipline, into their daily commitments.
- Weekly trainings are held on Mondays and Wednesdays.
- Our weekly training involves shooting of target cards and physical training.
- We have participated in the annual National School Games (NSG) at Yishun Safra and other competitions such as the NUS Shooting Competition.



**PUNGGOL SECONDARY SCHOOL** 

ACHIEVERS WITH CHARACTER

## Reflection By Thaqif Mirza, Class 2B

"When I just joined the CCA, I was welcomed warmly by the seniors. They taught me the basics of shooting. I will ensure that I impart knowledge to my juniors, so that they too can reap the benefits of what shooting has to offer."





## Reflection By Low Jia Cheng, Class 2B

"We learnt to uphold resilience and perseverance by shooting for the 'C' division nationals at Yishun Safra. During training sessions, we used exercise bands to stretch and strengthen our muscles. We look forward to contributing our part to serve the CCA and the school to the best of our abilities for the coming years."



